

MEDICAL & INSURANCE INFORMATION

Coverage for accidental injury is required by all participants. In most instances, family health insurance provides adequate coverage. Please indicate your family health insurance plan below.

Camp Participant

Health Insurance Company

Policy Number

I/We being the legal guardian(s) of the participant, authorize WW Option Football Camp LLC and its agents, permission to request medical treatment as necessary to insure the well-being of our dependent:

Parent or Guardian Signature

Print Parent or Guardian's Name

I/We, the undersigned, for ourselves, our heirs, executors, and administrators, waive and release and forever discharge WW Option Football Camp LLC, its staff, officers, agents, representatives, employees, successors, and assigns of and from any and all rights and claims for damages to person or property which may be sustained or occur during participation in camp activities, or from camp, whether paid damages, injury, or loss are due to negligence or not.

I certify that the participant is in good physical condition, allowing him to participate in the WW Option Football Camp.

Parent/Guardian Signature

Person to contact in case of emergency

Medical Restrictions/Limitations (please be complete)

Medical conditions _____

Current Medications _____

Allergies _____

Name of Doctor _____

Doctor's Phone Number _____

Joe Walsh

223 Colwyn Terrace
West Chester, PA 19380

YOUR ONLY OPTION



6th annual

OPTION FOOTBALL CAMP

*Finally, a football camp
dedicated exclusively to
option football*

JULY 19, 20, 21

at

**Dickinson College
Carlisle, PA**

“Your Only Option Football Camp”

is dedicated to teaching all phases of option football to teams and individuals.

We know you have options when selecting a summer football camp, here’s why you should consider “Your Only Option Football Camp”.

- * **Flexbone, split back, or Gun Options**
- * **Option from the shotgun including the shovel option, veer, and read triple**
- * 75% of camp will be on option football
- * 25% on defensive skills
- * Midline, veer, and counters
- * Passing game from option actions
- * **Clinic and roundtable discussions on option football will take place at night for coaches**
- * All practices will be videotaped and reviewed after practice
- * 7 on 7 passing sessions
- * Evening team sessions
- * Cost - compare the \$250 cost and compare the value
- * Individual position instruction. Line play as well as skill positions
- * One coach for every 10 players provides for plenty of repetition and attention
- * **We will hire one coach from your staff for every 10 players you bring**

DAILY SCHEDULE

7:00	-	8:00	Breakfast
8:30	-	10:30	Practice
10:30	-	11:00	Film review of practice
11:30	-	11:30	Lunch
1:30	-	3:30	Practice
3:30	-	4:00	Film review of practice
4:30	-	5:30	Dinner
6:30	-	8:30	7 on 7 & Team sessions
9:00	-	10:00	Meetings
11:00			Lights out (coaches clinic)

DIRECTORS

AL WOLSKI - STATE COLLEGE

Al’s option roots go back to the late 70’s when he was a member of Jim Butterfield’s Ithaca College staff that won the 1979 National Championship running an option attack. Al was the head coach at Reading High for 9 years. In his last four seasons at Reading, his teams have averaged 388 yards of total offense and 36 points per game, won two league championships, appeared in the state playoffs two times, and posted a 34 and 9 record. In 2004, he brought the same option attack to State High and produced a 46 and 17 record over the past five years. In the past four seasons, **with the addition of the shotgun option attack**, State High advanced to the quarterfinals of the AAAA playoffs in 2005, and 2008, and the semi finals in 2006.

JOE WALSH - HENDERSON HIGH

Joe is entering his 21st year as a head coach and has 35 years of total coaching experience. In the last five years the Henderson Warriors have averaged 300 yards rushing per game, and won the 2003 & 2007 Ches-Mont League title. Coach Walsh has been named coach of the year four times, and has reached the 100 victory milestone. The 2007 team made it to the State quarterfinals.

WHAT TO BRING

1. Shorts, t-shirts, and socks for 7 practices
2. Football shoes and sneakers
3. Casual cloths for non practice times
4. Helmet, mouthpiece

Directions to Dickinson College will be sent to those attending the camp

“YOUR ONLY OPTION FOOTBALL CAMP”

JULY 19, 20, 21

Cost - \$250
A \$100 deposit is due with the application before June 22nd.

Name _____

Address _____

City _____ State ____ Zip _____

Phone _____

Age _____ Birth Date _____

School _____ Coach _____

Grade as of 9/09 _____

Offensive Position _____

Defensive Position _____

Roommate preference _____

Shirt Size (circle) M L XL XXL

Please send all applications and fees to:
“YOUR ONLY OPTION FOOTBALL CAMP”

C/O Joe Walsh
223 Colwyn Terrace
West Chester, PA 19380

For further information call:
Joe Walsh at 610-436-0180
Al Wolski at 814-867-0851(evenings)