

# Menus for Instructional Support Centers



**Mt Nittany  
&  
Park Forest  
Middle School**

**Breakfast & Lunch with Milk - Free    Milk Only - \$.65**

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fillet Sandwich Assorted Fruits & Vegetables Chocolate or White Milk	Cheese Pizza Assorted Fruits & Vegetables Chocolate or White Milk Dessert Treat	Mini Pancakes & Yogurt Hashbrown Potatoes Assorted Fruits Chocolate or White Milk	Pasta with Meatballs Garlic Breadstick Assorted Fruits & Vegetables Chocolate or White Milk	Bacon Cheeseburger Assorted Fruits & Vegetables Chocolate or White Milk

## BREAKFAST

2 Choices will be Offered Each Day

Freshly Baked Muffins    Banana Bread  
Mini Cinnis    Poptarts    Mini Donuts  
Cereal & Grahams

All Breakfasts will Include Fruit or Juice

Apples    Oranges    Craisins    Juice

Choose 1

Low Fat or Fat Free Milk

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