

Menus for May-June 2022



Mt Nittany and Park Forest Middle Schools

Lunch - FREE! Breakfast - FREE! Milk - \$.65

Year End Account Balance Information

View your current cafeteria account balance on-line at www.myschoolbucks.com.

Year end balances will be kept by the district for your use when school resumes in the fall.

If you are moving out of the district, or otherwise need a refund of your account, visit www.scasd.org/schoolmeals for information. Unrequested balances of less than five dollars belonging to students who have moved out of the district will be donated to the Lunch Loan Fund.



SCHOOL LUNCH HERO DAY

May 6, 2022

Don't forget to say "thank you!" to the heros in your school.

Monday, May 2

Today's Entree Choices

1. Popcorn Chicken & Roll
2. Soft Pretzels & Dipping Cheese
3. Deli Turkey Sub

Featured Veggie & Fruit Sides

- Vegetable Soup
- Baby Carrots
- Crunchy Celery
- Mandarin Oranges

Tuesday, May 3

Today's Entree Choices

1. Hamburger/Cheeseburger
2. BBQ Pulled Pork Sandwich
3. Deli Turkey Sub

Featured Veggie & Fruit Sides

- French Fries
- Cucumbers
- Cherry Tomatoes
- Fresh Pineapple

Wednesday, May 4

Today's Entree Choices

1. Lasagna & Breadstick
2. Veggie Burger
3. Deli Turkey Sub

Featured Veggie & Fruit Sides

- Cucumbers
- Broccoli
- Baked Potato
- Strawberry Cup

Dessert Treat

Thursday, May 5

Today's Entree Choices

1. Chicken Cheese Steak
2. Meatball Sub
3. Deli Turkey Sub

Featured Veggie & Fruit Sides

- French Fries
- Tossed Salad
- Apple Slices

Friday, May 6

Today's Entree Choices

1. Big Daddy's Pizza
2. Chicken Parmesan w/ Penne
3. Deli Turkey Sub

Featured Veggie & Fruit Sides

- Assorted Fresh Vegetables
- Baked Potato
- Orange Slices

BREAKFAST

available in the school lobby/commons each morning

Choose 1 Entree

- Muffins (M/W/F) Fresh Bakeshop Bagels (T/Th)
- Mini Cinnis (M/W/F) Pumpkin & Banana Bread (T/Th)
- Whole Grain Poptarts Assorted Cereal

Choose 1 Fruit, 1 Juice, & 1 Milk

Choose at least 3 food items - or up to 4 items total - for a complete, FREE, meal.

Monday, May 9

Today's Entree Choices

1. Popcorn Chicken & Roll
2. Black Bean Quesadilla
3. Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

- Steamed Sweet Corn
- Carrots & Celery
- Peach Cup

Dessert Treat

Tuesday, May 10

Today's Entree Choices

1. Macaroni & Cheese w/ Roll
2. Spicy Sloppy Joe Sandwich
3. Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

- Sweet Potato Fries
- Cucumber Slices
- Cherry Tomatoes
- Fresh Pineapple

Wednesday, May 11

Today's Entree Choices

1. 2 Soft Tacos
2. Chicken Fillet Sandwich
3. Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

- Cucumbers
- Broccoli
- Baked Potato
- Sweet Melon

Thursday, May 12

Today's Entree Choices

1. Broccoli Cheddar Soup & Baguette
2. Chili & Baguette
3. Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

- Tossed Salad
- Baby Carrots
- Apple Slices

Friday, May 13

Today's Entree Choices

1. Big Daddy's Pizza
2. Deli Turkey Sub
3. Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

- Assorted Fresh Vegetables
- Baked Potato
- Strawberry Cup

AVAILABLE EVERY DAY!

ENTREES

- Yogurt Parfait
- PB&J Bagel

VEGETABLES

- Crisp Baby Carrots
- Hummus

MILK

- Fat-free Chocolate
- Low-fat White

14 days left!

Payments to Student Accounts: If you wish to add funds to a student's account for extra food purchases, please pay on-line at www.myschoolbucks.com or mail checks to: SCASD FSD, 653 Westerly Parkway, State College, PA 16801. Please include the name of the student(s) for whom the check is intended, the school(s) they attend, and a phone number in case of questions. Make checks payable to SCASD FSD. Payments are not accepted in the cafeteria.

Monday, May 16

Today's Entree Choices

1. General Tso's Chicken & Rice
2. Veggie Burger
3. Cheeseburger

Featured Veggie & Fruit Sides

- Roasted Broccoli
- Baby Carrots
- Crunchy Celery
- Apples

Tuesday, May 17

Today's Entree Choices

1. Waffles & Canadian Bacon
2. Breakfast Croissant Sandwich
3. Cheeseburger

Featured Veggie & Fruit Sides

- Hashbrowns
- Crisp Broccoli
- Pepper Strips
- Sweet Melon

Wednesday, May 18

Today's Entree Choices

1. BBQ Pulled Pork Sandwich
2. Deli Turkey Sub
3. Cheeseburger

Featured Veggie & Fruit Sides

- French Fries
- Cucumber Slices
- Bananas

Dessert Treat

Thursday, May 19

Today's Entree Choices

1. Walking Taco
2. Black Bean Dip & Chips
3. Cheeseburger

Featured Veggie & Fruit Sides

- Steamed Sweet Corn
- Sweet Pepper Strips
- Tossed Salad
- Apple Slices

Friday, May 20

Today's Entree Choices

1. Big Daddy's Pizza
2. Chicken Alfredo & Breadstick
3. Cheeseburger

Featured Veggie & Fruit Sides

- Assorted Fresh Vegetables
- Baked Potato
- Blueberries

Prices

Full Lunch - FREE! Full Breakfast - FREE!

Lunch Entrees - \$2.80 Breakfast Entrees - \$1.65-2.00

Fruit - \$.80 Bread Items - \$.80

Vegetables - \$.80 - \$1.75

Snack/Desserts - \$.80-\$2.00

Water/Juice - \$1.00-\$1.50 Milk - \$.65

Choose an entree and complete your meal with 2 vegetable sides, a serving of fruit, and milk.

Fruit & Veggie Side Dishes Available Daily
Crunchy Carrots Fresh Assorted Veggies
Fresh Fruit Canned & Frozen Fruit 100% Juice

Milk Choices
Lowfat White and Fat Free Chocolate

Students will be asked to select additional food if they did not choose at least three items in total or if they have not chosen at least one-half cup of fruit or vegetable.

Monday, May 23

Today's Entree Choices

1. Popcorn Chicken & Breadstick
2. Grilled Cheese Sandwich
3. Chicken Fillet Sandwich

Featured Veggie & Fruit Sides

- Tomato Soup
- Carrots & Celery
- Chilled Pears

Tuesday, May 24

Today's Entree Choices

1. Stuffed Baked Potato & Roll
2. Deli Turkey Sub
3. Chicken Fillet Sandwich

Featured Veggie & Fruit Sides

- Roasted Broccoli
- Sweet Pepper Strips
- Cucumber Slices
- Apples

Wednesday, May 25

Today's Entree Choices

1. Italian Dunkers
2. Cook's Choice Entree
3. Chicken Fillet Sandwich

Featured Veggie & Fruit Sides

- Cucumber Slices
- Cherry Tomatoes
- Baked Potato
- Peach Cup

Thursday, May 26

Today's Entree Choices

1. Hamburger/Cheeseburger
2. Veggie Burger
3. Chicken Fillet Sandwich

Featured Veggie & Fruit Sides

- Baked Beans
- Carrots & Celery
- Juicy Watermelon

Ice Cream Treat



Friday, May 27

Today's Entree Choices

1. Big Daddy's Pizza
2. Cook's Choice Entree
3. Chicken Fillet Sandwich

Featured Veggie & Fruit Sides

- Assorted Fresh Vegetables
- Baked Potato
- Sweet Grapes

Monday, May 30

MEMORIAL DAY

"As we express our gratitude,
we must never forget
that the highest appreciation
is not to utter the words,
but to live by them."

- John F. Kennedy

Menus are subject
to change.

Tuesday, May 31

Today's Entree Choices

1. Popcorn Chicken & Roll/Brdstk
2. Cook's Choice Entree

Featured Veggie & Fruit Sides

- Cook's Choice Hot Vegetable
- Baked Potato
- Assorted Fresh Vegetables
- Apples

Wednesday, June 1

Today's Entree Choices

1. Chicken Cheesesteak
2. Cook's Choice Entree

Featured Veggie & Fruit Sides

- French Fries/Sweet Potato Fries
- Assorted Fresh Vegetables
- Assorted Fruit Selections

Thursday, June 2

Today's Entree Choice

- Cheese Pizza

Featured Veggie & Fruit Sides

- Assorted Fresh Vegetables
- Assorted Fruit Selections

Dessert Treat

Friday, June 3

Student dismissal at 11:40.

Breakfast will be available,
but lunch will not be served.



THE STATE COLLEGE
CHILD NUTRITION
STAFF **THANK
ALL OF YOU**
FOR PATRONIZING
OUR BUSINESS THIS
YEAR. WE LOOK
FORWARD TO SEEING
AND SERVING
RETURNING STUDENTS
IN THE FALL!