

Menus for November 2022



Delta Program State College Area School District

Lunch - \$2.95 Breakfast - FREE! Milk - \$.70

Don't Forget!
Turn your clock back one hour on November 6.

AVAILABLE EVERY DAY!

Available Daily without Order
Smuckers PB&J Uncrustable
Hummus & Pita Chips
Yogurt Parfait

Place orders for alternate entrees by 9:30 a.m. at <https://www.scasd.org/ordermeals>

BREAKFAST

available in the school cafeteria each morning

Choose 1
fresh from our bakeshop -
Bagels, Breads, Cinnamon Rolls, & Muffins

Poptarts Cereal

Choose 1 Fruit & 1 Juice
Choose 1 Low Fat White or Fat Free Chocolate Milk

You may decline items that you do not want but must take 3 items total, one of which must be fruit or juice.

Monday, October 31

Featured Entree
Chicken Parmesan & Penne
Available by Pre-Order
1 - Black Bean Quesadilla
2 - Caesar Salad & Roll

Featured Sides
Roasted Veggies
Cucumber Slices
Orange Slices

Tuesday, November 1

Featured Entree
Popcorn Chicken & Bread Stick
Available by Pre-Order
1 - Veggie Burger
2 - Chef Salad & Roll

Featured Sides
Baked Potatoes
Carrots & Celery
Crisp Apples

Wed., November 2

Featured Entree
White Chicken Chili or Vegetable Soup & Baguette
Available by Pre-Order
1 - French Bread Pizza
2 - Asian Salad & Roll

Featured Sides
Tossed Salad
Sweet Pepper Strips
Peach Cup

Thursday, November 3

Featured Entree
Italian Dunkers
Available by Pre-Order
1 - Chicken Fillet Sandwich
2 - Caesar Salad & Roll

Featured Sides
Roasted Broccoli
Tossed Salad
Bananas

Friday, November 4

Featured Entree
BBQ Chicken & Biscuit
Available by Pre-Order
1 - Chickpea Salad Wrap
2 - Southwestern Salad & Chips

Featured Sides
Sweet Potato Fries
Cucumber Slices
Sweet Melon

Alternate Lunch Choices

In order to provide choices and variety to students at the Delta Program without creating excess food waste, we ask that you pre-order entrees if you want something other than the featured or "always available" (hummus & chips, pb&j, and yogurt parfaits) entrees. Place orders by 9:30 on the day of service at www.scasd.org/ordermeals. You may submit orders up to one week in advance.

www.scasd.org/ordermeals

Monday, November 7

Featured Entree
Warm Cheese Pretzel
Available by Pre-Order
1 - Pepperoni French Bread Pizza
2 - Caesar Salad & Roll

Featured Sides
French Fries
Tossed Salad
Applesauce

Election Day, Nov. 8

Featured Entree
General Tso's Chicken & Rice
Available by Pre-Order
1 - General Tso's Tofu & Rice
2 - Chef Salad & Roll

Featured Sides
Roasted Vegetables
Sweet Pepper Strips
Apple Slices

Wed., November 9

Featured Entree
Buffalo Chicken or Black Bean Dip & Chips
Available by Pre-Order
1 - Turkey Sub
2 - Asian Salad & Roll

Featured Sides
Crisp Celery
Cucumber Slices
Banana

Thursday, November 10

Featured Entree
French Toast & Sausage/Yogurt
Available by Pre-Order
1 - Egg & Cheese Croissant
2 - Caesar Salad & Roll

Featured Sides
Hashbrowns
Pepper Strips
Fresh Pineapple

Friday, November 11

Featured Entree
Chicken Tenders & Breadstick
Available by Pre-Order
1 - Grilled Cheese Sandwich
2 - Southwestern Salad & Chips

Featured Sides
Roasted Ranch Chickpeas
Fresh Veggies
Orange Slices

For lunch, choose an entree and complete your meal with 2 vegetable sides, a serving of fruit, and milk. Students in grades 9-12 can also select one juice.

Fruit & Veggie Side Dishes Available Daily
Crunchy Carrots Fresh Assorted Veggies
Fresh Fruit Canned & Frozen Fruit 100% Juice

Milk Choices
Lowfat White, Fat Free Chocolate, Soy Milk (with milk sub request form)

Students will be asked to select additional food if they did not choose at least three items in total or if they have not chosen at least one-half cup of fruit or vegetable.

Don't miss BREAKFAST! Free of charge for all students, every day.

Payments to Student Accounts

Federal funding to provide free meals to all students was not extended for this year, but Pennsylvania is funding free breakfasts for all. Families who are not financially eligible for free or reduced price meals are required to pay for their students' lunches this year. If your family could use help paying for meals, visit scasd.org/schoolmeals for information. A family of 4 with a household income of \$51,338 or less will be eligible for free or reduced priced meals.

Delta students can present payment to a cafeteria cashier to be deposited in full into to their cafeteria account. -Change will not be given. Payments can also be made on-line at MySchoolBucks.com or mailed to: SCASD FSD, 653 Westerly Parkway, State College, PA 16801. When mailing a payment, please include the name of the student(s) for whom the check is intended, the school(s) they attend, and a phone number in case of questions. Make checks payable to SCASD FSD.

Students will never be denied a meal for lack of funds but will not be allowed to purchase extra items on credit.

Monday, November 14

Featured Entree

Big Daddy's Pizza
Available by Pre-Order

- 1 - Cheeseburger
- 2 - Caesar Salad & Roll

Featured Sides

Roasted Veggies
Pepper Strips
Mandarin Oranges

Tuesday, November 15

Featured Entree

Pepperjack Ciabatta Grilled Cheese
Available by Pre-Order

- 1 - Chicken Fillet Sandwich
- 2 - Chef Salad & Roll

Featured Sides

Tomato Soup
Tossed Salad
Chilled Pears

Wed., November 16

Featured Entree

Chicken Cheese Steak
Available by Pre-Order

- 1- Roast Veggie & Hummus Wrap
- 2 - Asian Salad & Roll

Featured Sides

French Fries
Cowboy Bean Salad
Bananas

Thursday, November 17

Featured Entree

Grilled Chicken Banh Mi
Available by Pre-Order

- 1 - Veggie Burger
- 2 - Caesar Salad & Roll

Featured Sides

Sweet Potato Fries
Pepper Strips
Fresh Pineapple

Friday, November 18

Featured Entree

Pasta & Meatballs
Available by Pre-Order

- 1 - Deli Turkey Sub
- 2 - Southwestern Salad & Chips

Featured Sides

Roasted Broccoli
Tossed Salad
Sweet Melon

Menus Are Subject To Change

Prices

Full Lunch - \$2.95 Full Breakfast - Free!

Lunch Entrees - \$2.25 Breakfast Entrees - \$1.65-2.25

Fruit - \$.85 Vegetables - \$.85 - \$1.25

Bread Items - \$.85

Snack/Desserts - \$.85-\$2.00 Bottled Beverages - \$1.00-\$1.50

Soy Milk - \$1.50 Milk - \$.70

Monday, November 21

Featured Entree

Warm Cheese Pretzel
Available by Pre-Order

- 1 - 2 Hot Dogs
- 2 - Caesar Salad & Roll

Featured Sides

Baked Potatoes
Fresh Veggies
Peach Cup

Tuesday, November 22

Delta Feast

Roast Turkey & Gravy
Pasta with Marinara Sauce
Stuffing Mashed Potatoes
Fresh Veggies & Hummus
Fruit Salad
Fresh Baked Cookies
Ice Cream Cup



THANKSGIVING HOLIDAY BREAK!



**No School
November 23-25**

Enjoy the time off!

GIVE

Thanks

It's the time of year for giving thanks. What makes us most grateful is that we get the chance to serve you each school day. And we're not just talking about serving food. We're really here to *serve education*. Because when you eat well, you learn better. You pay closer attention in class, participate more, and perform better on standardized tests. We prepare nutritious and affordable meals so that every student is ready to learn, and we thank you for giving us that opportunity.

Monday, November 28

Featured Entree

Popcorn Chicken & Breadstick
Available by Pre-Order

- 1 - Cheese Quesadilla
- 2 - Caesar Salad & Roll

Featured Sides

Baked Potatoes
Fresh Veggies
Crisp Apples

Tuesday, November 29

Featured Entree

Big Daddy's Pizza
Available by Pre-Order

- 1 - Deli Turkey Sub
- 2 - Chef Salad & Roll

Featured Sides

Carrots & Celery
Tossed Salad
Sweet Melon

Wed., November 30

Featured Entree

Cheeseburger or Veggie Burger
Available by Pre-Order

- 1 - Chicken Fillet Sandwich
- 2 - Asian Salad & Roll

Featured Sides

French Fries
Cucumber Slices
Juicy Grapes

Thursday, December 1

Featured Entree

Blackened Chicken Alfredo
Available by Pre-Order

- 1- BBQ Chicken Sandwich
- 2 - Caesar Salad & Roll

Featured Sides

Roasted Broccoli
Sweet Pepper Strips
Apple Slices

Friday, December 2

Featured Entree

Sloppy Joe
Available by Pre-Order

- 1 - Vegan Chickpea Sloppy Joe
- 2 - Southwestern Salad & Chips

Featured Sides

Sweet Potato Fries
Tossed Salad
Sweet Melon