



**Menus for
November
2023**

**Young Scholars
of Central PA**



**Looking for a job
with family-friendly
hours?**

SCASD Food Services has part time positions available.
\$16.75/hr.
Contact us for additional information.

814-231-5095
foodservices@scasd.org

PLAY TOGETHER.

Think it's tough to get that 30 minutes of exercise most days that experts recommend for good health? It's a lot easier to do with a partner, and it's easier still with an entire family—YOURS!



And Thanksgiving weekend is the perfect time to start!

Wed., November 1

Mini Waffles
Yogurt Hashbrown
Dragon Punch Juice
Banana
Choice of Milk

Thursday, November 2

Deli Turkey Sandwich
Cowboy Salad Cucumber Slices
Pineapple Cup
Fritos Corn Chips
Choice of Milk

Friday, November 3

BBQ Chicken Sandwich
Broccoli & Cherry Tomatoes
Applesauce
Choice of Milk

Monday, November 6

Chicken Nuggets
Biscuit
Steamed Peas Baby Carrots
Crisp Apple
Choice of Milk

Tuesday, November 7

Buttery Pierogies
Dinner Roll String Cheese
Broccoli & Tomatoes
Peach Cup
Choice of Milk

Wed., November 8

Hamburger
Baked Beans Cucumber Slices
Banana
Baked Lays Chips
Choice of Milk

Thursday, November 9

Cheese Lasagna
Garlic Breadstick
Steamed Green Beans
Apple Slices
Choice of Milk

Friday, November 10

Sloppy Joe Sandwich
Cherry Tomatoes & Broccoli
Sweet Pineapple
Cookie
Choice of Milk

Monday, November 13

Popcorn Chicken
Garlic Breadstick
Steamed Corn Baby Carrots
Fresh Apple
Choice of Milk

Tuesday, November 14

Hot Dog (turkey & beef)
Baked Lays Chips
Cowboy Bean Salad
Cucumber Slices Raisins
Choice of Milk

Wed., November 15

Yogurt Parfait
Pepper Strips & Carrots
Banana
Graham Crackers
Choice of Milk

Thursday, November 16

Cheese Pizzaboli
Steamed Green Beans
Broccoli
Apple Slices
Choice of Milk

Friday, November 17

Baked Potato & Cheese Sauce
All Bean Chili
Soft Pretzel
Pineapple Cup
Choice of Milk

Monday, November 20

Warm Cheese Pretzel
Steamed Corn
Pineapple Cup
Fruit Roll Up
Choice of Milk

Tuesday, November 21

Roast Chicken
Honey Wheat Roll
Mashed Potatoes & Gravy
Fresh Veggies Strawberry Cup
Cookie
Choice of Milk



WE'RE THANKFUL FOR YOU!

Enjoy the holiday break!
No School November 22-23-24-25

Monday, November 27

No School Today

**Menus are
Subject to Change**

Tuesday, November 28

Chicken Nuggets
Dinner Roll
Steamed Peas Baby Carrots
Mandarin Oranges
Choice of Milk

Wed., November 29

Mini Waffles
Yogurt Hashbrown
Dragon Punch Juice
Banana
Choice of Milk

Thursday, November 30

Deli Turkey Sandwich
Pepper Strips & Cucumber Slices
Pineapple Cup
Fritos Corn Chips
Choice of Milk

Friday, December 1

Fish Sticks
Macaroni & Cheese
Broccoli & Cherry Tomatoes
Fresh Clementine Orange
Choice of Milk