


Menus for Sept 28 - Oct 2, 2020



Mt Nittany & Park Forest Middle School

Prices

Full Lunch - Free! Full Breakfast - Free!
 Lunch Entrees - \$2.25 Breakfast Entrees - \$1.30-\$2.00
 Fruit - \$.80 Bread Items - \$.80
 Most Vegetables - \$.80
 Snack/Desserts - \$.80-\$2.00
 Water/Juice - \$1.00-\$1.25 Milk - \$.65



We've made changes to keep students and staff safe. Here's what you need to know:

- Staff received training to ensure that they wash their hands, wear masks and gloves, quarantine when not well, and continue all of the safety precautions that we follow even when there isn't a pandemic.
- Cafeteria serving lines have been fitted with plexiglass shields at points where staff and students cannot maintain 6-feet of separation.
- Students will come to the cafeteria to get their meal and will take it to a classroom to eat.
- Meals will be packed into take-out boxes to be handed directly to students. Students will have a choice of entree, but fruits and vegetables will be automatically added.
- Condiment packets will be provided in place of shared-use bottles and pumps.
- Reusable dishes and trays have been replaced with eco-friendly disposables.
- While meals are free for all students, payments to your lunch account may not be necessary. But if you do need to add to your account, payments are no longer accepted at school. Please pay on-line at www.MySchoolBucks.com or mail checks to: SCASD FSD, 653 Westerly Parkway, State College, PA 16801. Make checks payable to SCASD FSD.

Monday, Sept 28

Choice of Entrees
 Popcorn Chicken & Biscuit
 Warm Cheese Pretzel

Fruit & Vegetable Sides
 Fresh Veggies
 Fruit Cup

Tuesday, Sept 29

Choice of Entrees
 Popcorn Chicken & Biscuit
 Warm Cheese Pretzel

Fruit & Vegetable Sides
 Fresh Veggies
 Fruit Cup

Wed., Sept 30

Choice of Entrees
 Chicken Fillet Sandwich
 Personal Pan Pizza

Fruit & Vegetable Sides
 Fresh Veggies
 Apple Slices

Dessert Treat

Thursday, Oct 1

Choice of Entrees
 Chicken Fillet Sandwich
 Personal Pan Pizza

Fruit & Vegetable Sides
 Fresh Veggies
 Apple Slices

Dessert Treat

Friday, Oct 2

Choice of Entrees
 Cheeseburger
 Pasta with Marinara Sauce,
 Meatballs & Garlic Breadstick

Fruit & Vegetable Sides
 Fresh Veggies
 Assorted Fruit

Beginning Tuesday, September 29, meals will be available to take home at the end of the day for remote learning days. Learn more and place orders here: <https://www.scasd.org/ordermeals>

FREE FOR ALL!

Funding from the United States Department of Agriculture allows us to provide free breakfast and lunch to every student every day through the end of December.



It is still important to apply -

While meals are free of charge to all students through the fall, it is still important for families who qualify for free or reduced price school meals to apply for that help. Being approved now will ensure a smooth transition when this special program ends at the end of December. This information is also used to help determine funding for school programs and can provide your family with discounts for Chromebook insurance, childcare, and internet services. A family of four with a monthly gross income of \$4,040 will qualify for help paying for school meals for the entire school year. Forms and information to apply can be found on our web page.

www.scasd.org/schoolmeals

BREAKFAST

Students can come directly to the cafeteria serving area when they arrive at school to pick up breakfast.

Breakfast Entrees

Freshly Baked Muffins Banana Bread
 Breakfast Sandwiches Cereal & Grahams
 Mini Donuts Mini Cinnis

Served With
 100% Juice & Lowfat or Fat Free Milk