

Menus for Aug - Sept 2022



Delta Program State College Area School District

Lunch - \$2.95 Breakfast - \$2.00 Milk - \$.70

AVAILABLE EVERY DAY!

Available Daily without Order
Smuckers PB&J Uncrustable
Hummus & Pita Chips
Yogurt Parfait

Place orders for alternate
entrees by 9:30 a.m. at
[https://www.scasd.org/
ordermeals](https://www.scasd.org/ordermeals)

Tuesday, August 23

Featured Entree
Popcorn Chicken & Bread Stick
Available by Pre-Order
1 - Veggie Burger
2 - Caesar Salad & Roll

Featured Sides
Baked Potato
Cucumber Slices
Crisp PA Apples

Wednesday, August 24

Featured Entree
Cheeseburger or Veggie Burger
Available by Pre-Order
1 - Chicken Fillet Sandwich
2 - Chef Salad & Roll

Featured Sides
Bowtie Pasta Salad
Baked Beans
Watermelon

Thursday, August 25

Featured Entree
Italian Dunkers
Available by Pre-Order
1 - Tuna Melt
2 - Southwestern Salad & Chips

Featured Sides
Roasted Broccoli
Pepper Strips
Fresh Pineapple

Friday, August 26

No School Today

JOIN OUR TEAM

**Looking for a job with
family-friendly hours?**

SCASD Food Services has
part time positions available.
\$15.95/hr.
Call for information.

814-231-5095

Monday, August 29

Featured Entree
Warm Cheese Pretzel
Available by Pre-Order
1 - Pepperoni French Bread Pizza
2 - Caesar Salad & Roll

Featured Sides
Sweet Potato Fries
Tossed Salad
Sweet Melon

Tuesday, August 30

Featured Entree
General Tso's Chicken & Rice
Available by Pre-Order
1 - General Tso's Tofu & Rice
2 - Chef Salad & Roll

Featured Sides
Roasted Vegetables
Sweet Pepper Strips
Apple Slices

Wednesday, August 31

Featured Entree
Buffalo Chicken or Black Bean
Dip & Chips
Available by Pre-Order
1 - Turkey Sub
2 - Asian Salad & Roll

Featured Sides
Crisp Celery
Cucumber Slices
Banana

Thursday, September 1

Featured Entree
French Toast & Sausage/Yogurt
Available by Pre-Order
1 - Chicken Fillet Sandwich
2 - Caesar Salad & Roll

Featured Sides
Hashbrowns
Pepper Strips
Fresh Pineapple

Friday, September 2

Featured Entree
BBQ Chicken & Biscuit
Available by Pre-Order
1 - Chickpea Salad Wrap
2 - Southwestern Salad & Chips

Featured Sides
Harner Farm Corn on the Cob
Crisp Cucumbers
Pennsylvania Apples

Payments to Student Accounts

Federal funding that school food service programs received over the past two school years to provide free meals to all students has not been extended. Families are required to pay for their students' meals this year. If your family could use help, visit scasd.org/schoolmeals for information and to apply for free or reduced price school meals. A family of 4 with a household income of \$51,338 or less will be eligible for help.

Delta students can present cash or checks to a cafeteria cashier for the purpose of depositing the full amount into to their cafeteria account. -Change will not be given. Payments can also be made on-line at [MySchoolBucks.com](https://myschoolbucks.com) or mailed to: SCASD FSD, 653 Westerly Parkway, State College, PA 16801. When mailing a payment, please include the name of the student(s) for whom the check is intended, the school(s) they attend, and a phone number in case of questions. Make checks payable to SCASD FSD.

Students will never be denied a meal for lack of funds but will not be allowed to purchase extra items on credit.

Prices

Full Lunch - \$2.95 Full Breakfast - \$2.00
 Lunch Entrees - \$2.25 Breakfast Entrees - \$1.65-2.25
 Fruit - \$.85 Bread Items - \$.85
 Vegetables - \$.85 - \$1.25
 Snack/Desserts - \$.85-\$2.00 Soy Milk - \$1.25
 Bottled Beverages - \$1.00-\$1.50 Milk - \$.70

Snacks available in our cafeterias meet USDA Smart Snack rules and the SCASD Wellness Policy. To help encourage good choices, middle school students are limited to only one extra snack purchase per day. Students may only purchase food items if they have funds available in their account.

BREAKFAST

available in the school cafeteria each morning

Choose 1

Bagels - Fresh from the HS bakeshop!
Poptarts Cereal
Bakeshop Breads, Cinnamon Rolls, & Muffins

Choose 1 Fruit & 1 Juice

Choose 1 Low Fat White or Fat Free Chocolate Milk

You may decline items that you do not want but must take 3 items total, one of which must be fruit or juice.

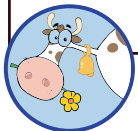
Choose an entree and complete your meal with 2 vegetable sides, a serving of fruit, and milk. Students in grades 9-12 can also select one juice.

Fruit & Veggie Side Dishes Available Daily
Crunchy Carrots Fresh Assorted Veggies
Fresh Fruit Canned & Frozen Fruit 100% Juice

Milk Choices

Lowfat White, Fat Free Chocolate,
Soy Milk (with milk sub request form)

Students will be asked to select additional food if they did not choose at least three items in total or if they have not chosen at least one-half cup of fruit or vegetable.



Every meal includes a choice of milk.
low-fat white, fat-free chocolate, or with a completed milk substitute request form, soy milk

facebook.com/scasdschoolmeals
 Like us on
Facebook



pay online - review transactions
myschoolbucks.com

Monday, September 5



NO SCHOOL TODAY

Tuesday, September 6

Featured Entree

Big Daddy's Pizza
Available by Pre-Order
1 - Cheeseburger
2 - Caesar Salad & Roll

Featured Sides

Roasted Veggies Pepper Strips
Mandarin Oranges

Wed., September 7

Featured Entree

Pepperjack Ciabatta Grilled Cheese
Available by Pre-Order
1 - Chicken Fillet Sandwich
2 - Chef Salad & Roll

Featured Sides

Tomato Soup Tossed Salad
Chilled Pears

Thursday, September 8

Featured Entree

Chicken Cheese Steak
Available by Pre-Order
1- Roast Veggie & Hummus Wrap
2 - Caesar Salad & Roll

Featured Sides

French Fries Cowboy Bean Salad
Bananas

Friday, September 9

Featured Entree

Pasta & Meatballs
Available by Pre-Order
1 - Deli Turkey Sub
2 - Southwestern Salad & Chips

Featured Sides

Roasted Broccoli Tossed Salad
Sweet Melon

Monday, September 12

Featured Entree

Popcorn Chicken & Bread Stick
Available by Pre-Order
1 - Cheeseburger
2 - Caesar Salad & Roll

Featured Sides

Baked Potatoes Cucumber Slices
Orange Slices

Tuesday, September 13

Featured Entree

Macaroni & Cheese w/ Roll
Available by Pre-Order
1 - Veggie Burger
2 - Chef Salad & Roll

Featured Sides

Roasted Veggies Carrots & Celery
Sweet Grapes

Wed., September 14

Featured Entree

Walking Taco
Available by Pre-Order
1 - Black Bean Quesadilla
2 - Asian Salad & Roll

Featured Sides

Seasoned Black Beans
Tossed Salad Fresh Pineapple

Thursday, September 15

Featured Entree

Italian Dunkers
Available by Pre-Order
1- Chicken Fillet Sandwich
2 - Caesar Salad & Roll

Featured Sides

Roasted Broccoli
Sweet Pepper Strips Apple Slices

Friday, September 16

Featured Entree

Broccoli Cheddar Soup or
Vegan Chili & Baguette
Available by Pre-Order
1 - Pan Pizza
2 - Southwestern Salad & Chips

Featured Sides

Cucumber Slices Tossed Salad
Sweet Melon

Monday, September 19

Featured Entree

Warm Cheese Pretzel
Available by Pre-Order
1 - 2 Hot Dogs
2 - Caesar Salad & Roll

Featured Sides

Baked Potatoes Cole Slaw
Peach Cup

Tuesday, September 20

Featured Entree

Big Daddy's Pizza
Available by Pre-Order
1 - Deli Turkey Sub
2 - Chef Salad & Roll

Featured Sides

Caprese Salad Carrots & Celery
Sweet Melon

Wed., September 21

Featured Entree

Cheeseburger or Veggie Burger
Available by Pre-Order
1 - Chicken Fillet Sandwich
2 - Asian Salad & Roll

Featured Sides

French Fries Cowboy Bean Salad
Bananas

Thursday, September 22

Featured Entree

Chicken Parmesan & Penne
Available by Pre-Order
1 - Tuna Melt
2 - Caesar Salad & Roll

Featured Sides

Roasted Veggies Cucumber Slices
Sweet Grapes

Friday, September 23

Featured Entree

Sloppy Joe Sandwich
Available by Pre-Order
1 - Grilled Cheese with Tomato Jam
2 - Southwestern Salad & Chips

Featured Sides

Sweet Potato Fries Tossed Salad
Apple Slices

Monday, September 26

Featured Entree

Popcorn Chicken & Bread Stick
Available by Pre-Order
1 - Black Bean Quesadilla
2 - Caesar Salad & Roll

Featured Sides

Baked Potatoes Cucumber Slices
Pennsylvania Apples

Tuesday, September 27

Featured Entree

White Chicken Chili or
Vegetable Soup & Baguette
Available by Pre-Order
1 - French Bread Pizza
2 - Chef Salad & Roll

Featured Sides

Tossed Salad Sweet Pepper Strips
Peach Cup

Wed., September 28

Featured Entree

Cheeseburger or Veggie Burger
Available by Pre-Order
1 - Veggie Burger
2 - Asian Salad & Roll

Featured Sides

Baked Beans Cole Slaw
Apple Slices

Thursday, September 29

Featured Entree

Italian Dunkers
Available by Pre-Order
1 - Chicken Fillet Sandwich
2 - Caesar Salad & Roll

Featured Sides

Roasted Veggies Carrots & Celery
Bananas

Friday, September 30

Featured Entree

Blackened Chicken Alfredo
Available by Pre-Order
1 - Chickpea Salad Wrap
2 - Southwestern Salad & Chips

Featured Sides

Roasted Broccoli Tossed Salad
Orange Slices



Why did the orange
stop half-way across the street?
- Because it ran out of juice!

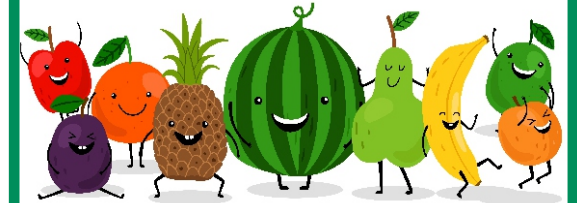
Why did the banana go to the doctor?
- Because it wasn't peeling well!

What do you give a lemon that needs help? -Lemon-Aid!

What kind of fruit can fix your sink? -A plum-ber

Why was the strawberry so upset? -It was in a jam!

What do you call an apple that plays the trumpet?
-Tooty Fruity!



Alternate Lunch Choices

We want to provide choices and variety to students at the Delta Program. To do that without creating excess food waste, we ask you to pre-order your entree if you want something other than the featured or "always available" (hummus & chips, pb&j, and yogurt parfaits) entrees. Pre-order entrees by 9:30 on the day of service by using the form at www.scasd.org/ordermeals. You can submit orders up to one week in advance.

www.scasd.org/ordermeals

Menus Are Subject To Change

We are continuing to experience shortages and disruptions to our food and supply orders. We promise to do our best to serve the menu as advertised. But, we may have to make substitutions from time to time. We appreciate your understanding!