

# SCAHS Outdoor Track & Field Class Records

100m					
Gr	Name	Time	Year	Competition	Verified
12	Alex Kenney	10.63	2010	PIAA D6 Champs (1st)	✓
11	Alex Kenney	10.64	2009	PIAA D6 Champs (1st)	✓
10	Alex Kenney	10.80	2008	PIAA D6 Champs (1st)	✓
9	Alex Kenney	10.89	2007	PIAA State Champs	✓

200m					
Gr	Name	Time	Year	Competition	Verified
12	Alex Kenney	21.42	2010	WCC (1st)	✓
11	Alex Kenney	21.57	2009	PIAA D6 Champs (2nd)	✓
10	Alex Kenney	21.64	2008	PIAA D6 Champs (1st)	✓
9	Alex Kenney	22.13	2007	WCC (2nd)	✓

400m					
Gr	Name	Time	Year	Competition	Verified
12	Alex Shisler	48.49	2012	PIAA D6 Champs (1st)	✓
11	Noah Woods	48.95	2016	PIAA State Champs (9th)	✓
10	Noah Woods	49.43	2015	PIAA D6 Champs (1st)	✓
9	Ryan Lindenberg	51.81	2019	PIAA D6 Champs (2nd)	✓

800m					
Gr	Name	Time	Year	Competition	Verified
12	Chris Mills	1:52.28	1984	PIAA State Champs (2nd)	✓
11	Nick Feffer	1:53.50	2016	PIAA State Champs (4th)	✓
10	Nick Kello	1:58.1	1979		
9	Sean Adams	1:59.9	2019	Carlisle Dual (2nd)	✓

1600m					
Gr	Name	Time	Year	Competition	Verified
12	Alex Milligan	4:10.17	2016	PIAA State Champs (1st)	✓
11	Ken Frazier	4:15.57	1984	PIAA State Champs (4th)	✓
10	Dave Mangle	4:19.6	1973		
9	Will Cather	4:31.52	2011	PIAA D6 Champs (4th)	✓

3200m					
Gr	Name	Time	Year	Competition	Verified
12	Eric Holmboe	9:09.4*	1977	PIAA State Champs (1st) - 9:12.6 (2-Mile)	✓
11	Eric Holmboe	9:08.2*	1976	PIAA State Champs (1st) - 9:11.4 (2-Mile)	✓
10	Matt Colton	9:12.10	1983	PIAA State Champs (3rd)	✓
9	Owen Isham	9:54.27	2018	PIAA D6 Champs (3rd)	✓

110mHH					
Gr	Name	Time	Year	Competition	Verified
12	Rick Kleban	14.43	1981	Ship Invite (1st)	✓
11	Lokey Howell	14.53	2019	PIAA D6 Champs (1st)	✓
10	Chase Longenecker	15.56	2017	Ship Invite (6th)	✓
9	Lokey Howell	16.4	2017	CV Dual - D6 Champs Trials	✓
9	John Sicree	17.15	2019	PIAA D6 Champs (Trials)	✓

300mIH					
Gr	Name	Time	Year	Competition	Verified
12	Jonathan Smith	38.73	2014	Ship Invite (2nd)	✓
11	Zach DeCarmine	38.79	2019	Ship Invite (1st)	✓
10	Zach DeCarmine	39.39	2018	Mid Penn Champs (1st)	✓
9	Chase Longenecker	43.69	2016	PIAA D6 Champs (5th)	✓
9	Ryan Lindenberg	43.4	2019	CD East Dual (2nd)	✓

Long Jump					
Gr	Name	Distance	Year	Competition	Verified
12	Mike Gahagan	23-6.5	1995	Altoona Dual (1st)	✓
11	Ron Dickerson	25-4.25	1988	PIAA State Champs (2nd)	✓
10	Ron Dickerson	23-5.75	1987	PIAA State Champs (3rd)	✓
9	Ron Dickerson	21-11.5	1986	PIAA D6 Champs (2nd)	✓

Triple Jump					
Gr	Name	Distance	Year	Competition	Verified
12	Lance Hamilton	49-8.5	2019	PIAA D6 Champs (1st)	✓
11	Lance Hamilton	48-4	2018	PIAA D6 Champs (1st)	✓
10	Kellin Valentine	47-3	2014	Mid Penn Champs (3rd)	✓
9	Kellin Valentine	45-5	2013	PIAA D6 Champs (2nd)	✓

High Jump					
Gr	Name	Height	Year	Competition	Verified
12	Jim French	6-8	1977		
11	CJ Burman	6-8	2002		
10	Conrad Moore	6-9	2019	Mid Penn Champs (1st)	✓
9	Conrad Moore	6-4	2018	Mid Penn Champs (2nd)	✓

Pole Vault					
Gr	Name	Height	Year	Competition	Verified
12	Griffin Thompson	16-3	2016	PIAA State Champs (1st)	✓
11	Nabil Mark	15-1	1990	Holidaysburg Dual	✓
10	Luke Knipe	14-9	2017	PIAA D6 Champs (1st)	✓
9	Ian Doreface	13-6	2019	Carlisle Dual	✓

Shot Put					
Gr	Name	Distance	Year	Competition	Verified
12	Mick Rehiring	56-5.25	2004	PIAA State Champs (5th)	✓
11	Matt Suhey	56-10.25	1975		
10	Matt Suhey	51-6.5	1974		
9	Matt Mullin	40-11	2011	Indian Valley Dual	✓

Discus					
Gr	Name	Distance	Year	Competition	Verified
12	David Gordeuk	172-5	2012	Punxsutawney Dual (1st)	✓
11	Matt Suhey	160-4	1975		
10	Steve Suloff	150-1	1992	Punxsutawney Dual (1st)	✓
9	Jereme Thompson	119-4	2016	Chambersburg Dual	✓

Javelin					
Gr	Name	Distance	Year	Competition	Verified
12	Kyle Hefkin	201-7	2011	WCC (1st)	✓
11	Kyle Hefkin	210-7	2010	WCC (2nd)	✓
10	Tanner Evak	180-5	2002		
9	Alec Aspray	155-11	2013	PIAA D6 Champs (7th)	✓

Javelin - Old Rules (RETIRED)					
Gr	Name	Distance	Year	Competition	Verified
12	Eric Dare	215-9	1999		
11	Jeff Hochberg	192-6	1977		
10	Eric Dare	196-10	1997	PIAA D6 Champs (2nd)	✓

This is a fluid worksheet and will be updated frequently.

\* = English to Metric Conversion

Verified marks are ones that have a box score or other official paperwork to back the performance up.  
If you have any results to contribute please contact Joe Sarra (jbs5213@gmail.com)

Last Updated - 6/9/2019