



	Harrisburg 4/3	Chambersburg 4/3	Bruce Dallas 4/7	Mifflin County 4/10	Cumberland Valley 4/12	Carlisle 4/17	Shippensburg 4/21	Central Dauphin East 4/24	Penn Relays 4/26	Central Dauphin 5/1	West Central Coaches 5/4	Mid-Penn Championships 5/12	Districts 5/17	PIAA State Meet 5/25-26
Event / Name	134 -16 (W)	81 - 69 (W)		98 - 52 (W)	75.5 - 74.5 (W)	76.5 - 73.5 (W)	84 points (1st)	89 - 61 (W)		87 - 62 (W)	123 (suspended/ winning)	84 points WON	234.5 points WON	34 points 2nd
McKenzie Workman				76.03										
Masha Staub					76.4									
Lizzie Curtin								78.21						
Kelly Snyder		79.07		89.37	78.2									
Anna Curtis						82.5								
Ari Gieros				2:07.16		2:14.6								
<b>800m</b>														
Esther Seeland					2:31.1	2:26.4	2:14.07					Glenn D. Loucks Games: 1st 2:10.47	2:12.78 1st	2:15.72 / 2:09.69 1st
Elly Haushalter						2:28.5	2:21.93					2:23.12	2:22.99 2nd	
Kileigh Kane								2:23.10						
Lizzie Gilpatrick								2:31.81						
Emma Simon						2:34.8								
Emma Maras		2:37.82			2:36.4							2:26.33	2:24.60	
Lizzie Gilpatrick				2:36.16		2:38.2								
Maryanne Knappenberger								2:38.04		2:37.68				
Jordan Terrizzi		2:43.24		2:52.01						2:46.65				
Molly Solo		2:44.46												
Priya Mitra		2:57.68												
Lauren Di Perna								2:57.03		3:02.06				
Maggie Leahy		3:00.40						3:03.34		3:02.86				
McKenzie Workman		3:03.01						3:05.07		3:04.32				
Megan Petrine				3:09.56						3:19.89				
Lizzie Curtin														
<b>1600m</b>														
Esther Seeland				5:27.55			5:02.40					4:54.77		
Kileigh Kane		5:14.79			5:06.2		5:08.07			5:02.98	5:06.75	4:56.64	5:02.61 1st	5:00.72 / 4:59.60 6th
Emma Simon		5:42.79			5:38.6	5:34.7	5:30.49			5:32.28	5:28.62	5:24.69	5:32.36 3rd	
Lizzie Gilpatrick					5:49.8					5:52.79				
Molly Solo		5:47.36		5:54.09	5:44.3	5:53.9		5:55.61		5:56.51			5:37.15 5th	
Karsyn Kane										5:56.61				
Emma Maras										5:57.57				
Gabbi Bock				6:02.07				6:06.01		6:00.19				
Jane Biddle				6:21.27				6:04.73		6:32.77				
Karsyn Kane				6:04.13	5:54.5			6:05.71						
Anna Kwasnika		6:18.55		6:09.27				6:06.11						
Mihret Strauss		6:26.60												
Vivian Scott				6:40.73				6:23.45						
Maddie Adams				6:23.98				6:24.79						
Megan Petrine										6:55.07				
<b>3200m</b>														
Kileigh Kane							11:14.81					11:11.81		
Emma Simon				12:06.22		12:51.0	11:46.36							
Cailin Saylor													11:51.50 1st	11:58.16 (21)
Lizzie Gilpatrick						12:51.7		12:35.58			12:22.84		12:12.97 3rd	
Jordan Reed								12:34.32		13:09.27			12:21.97 4th	
Elly Haushalter										12:46.17				
Emma Maras				13:03.59										
Gabbi Bock		13:18.82												
								<b>2000m Steeplechase Lizzie Gilpatrick 7:58.81 Gabbi Bock 8:28.38</b>						

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Event / Name	134 -16 (W)	81 - 69 (W)		98 - 52 (W)	75.5 - 74.5 (W)	76.5 - 73.5 (W)	84 points (1st) Emma Maras 8: 56.10	89 - 61 (W)		87 - 62 (W)	123 (suspended/ winning)	84 points WON	234.5 points WON	34 points 2nd
Anna Kwasnika					13:11.0	13:10.1				13:39.78				
Maddie Adams		14:00.85						13:45.50						
Jane Biddle		14:03.17												
<b>100m Hurdles</b>														
Rachael Spencer								17.69		16.24		16.29 / 15.92	16.15 / 15.93 2nd	
Liana Craig				18.02	17.3	17.6	17.45	18.31		17.24	17.92	17.18	17.21	
Joella Asbury				19.73	17.7	17.9		18.96						
Masha Staub		20.15		20.20	19.4	19.7				20.14				
Anna Curtis				23.89		27.7								
<b>300m Hurdles</b>														
Rachael Spencer						50.9	48.22	48.93		49.85		47.59	46.62 2nd	
Liana Craig				51.72	52.9	52.2	51.55			51.05			49.00 5th	
Joella Asbury				54.91	56.9	56.3		54.02						
Masha Staub		61.54								60.34				
Anna Curtis				74.08										
<b>Long Jump</b>														
Taylor Givens	18-1	17-6.5			19-1.75		17-9		18-9.25 (8)	19-3	17-6.5	18-7.75	19-3.75 1st	19-9 1st
Brittany Peachey	15-5	15-2.5	16-0	15-8.25			15-11.25	15-4.5			15-10.75		16-3.5 4th	
Noelia Pagano	15-1		15-7.5	15-9.5			15-8.75	15-6.25		16-1.25		15-6	15-11 5th	
Sophie Morar				13-2		12-6.75		13-7.75		14-2				
Lilly Szasko				8-9.75		10-5.5								
Emma Vanden Heuvel				11-10		9-9								
Vivian Scott				9-0.5						8-11.5				
<b>Triple Jump</b>														
Taylor Givens	34-1.5	36-6.5		35-0.5	35-3.25		35-11			36-3	36-1	36-4.25	37-4.25 1st	37-6.5 7th
Noelia Pagano	33-4.75			32-0	33-5	31-1	33-4	34-5		33-11.5	33-9	33-1	33-8 5th	
Brittany Peachey	31-2	30-3.5	31-9.25			30-7.5	33-3	30-11.5					ND	
Karsyn Kane				29-6	30-7.25									
Emma Vanden Heuvel					25-7									
Maggie Leahey				23-10	25-6	25-1.25		26-1.25		24-8.5				
Lilly Szasko					21-6									
<b>High Jump</b>														
Rachael Spencer						5-2	5-2	5-0		5-4	5-2	5-2	5-3 2nd	5-2 7th
Jenna Kokoskie						4-2								
Maryanne Knappenberger								NH						
Maggie Leahey								NH						
<b>Shot Put</b>														
Esther Seeland						30-5								
Megan Yerka	25-0			26-3	28-1	27-0.5		25-3		26-4	25-8.5		29-1.25	
Chidere Oputa	25-0			20-10	24-0	24-9.5		24-0		27-5.5			24-9.25	
Sierra Leynes	19-6			21-6	22-4.5	22-1.5		22-11.75		23-3				
Tori Leshar	20-9			20-8	21-1	20-3.5		22-9.5		23-3				
Katelyn Leshar	22-5			20-7.5	21-7	19-10.5		21-0.5		24-0			22-5.5	
Meghan Mullin				20-5	21-3	21-11								
Keri Harlow				19-5	20-1	20-9				21-5				

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<b>Discus</b>																
Esther Seeland								91-4		95-11	99-10					
Chidere Oputa		66-4		74-9	67-11	79-10		79-7		84-5			90-0 6th			
Megan Yerka		58-2		70-9	70-6	70-6		70-10		74-10			69-9			
Keri Hartow				67-0	57-5	65-10		69-8		70-0						
Katelyn Leshner		52-0		61-6	63-6	58-9				68-0						
Tori Leshner		60-6		57-0	67-1	58-4		60-4		75-6			72-9			
Meghan Mullin				54-9	61-7	55-6										
Sierra Leynes		49-6		48-4	50-5	49-9				64-7						
<b>Javelin</b>																
Lyndsey Reed		76-10 (3)			79-5 (3)	51-7										
Megan Yerka		61-4		66-2	64-10	64-8		67-0		65-7			78-7			
Tori Leshner		58-5		58-5	63-9	55-9		64-1		74-3			82-4			
Katelyn Leshner		51-8		57-6	60-11	54-7		64-4		65-6			72-3			
Sierra Leynes		53-6		47-3	38-8	41-2		50-1		56-2						
Lily Johnson				48-1	42-3	42-8		46-0		35-10						
Caitlin Maggs				42-8	43-2	38-6				42-10						
<b>Pole Vault</b>																
Lyndsey Reed				NH	10-10 (1)			10-0 (8)					10-0 4th			
Lily Plute		10-0 (1)	10-0 (3)	NH	10-4	9-3 (1)		10-0 (5)		10-5 (1)	11-6 (1)	11-4 (1)	11-6 1st	11-6 7th		
Jenna Kokoskie		8-6 (2)	9-0	9-8 (1)	10-4 (3)			9-0		NH		9-0 (6)	11-0 2nd	10-0 (20)		
Tori Sodeinde		8-0	7-0	8-2	8-10			8-6 (3)		9-5 (T-3)	9-6 (4)	10-0 (5)				
Sarah Neely		8-0		8-8 (3)	9-4			8-0		9-5 (T-3)						
Ceyda Ural		8-0 (3)		8-2	7-10	7-3 (3)		7-6		8-5						
Bayla Furmanek		7-0		8-2	7-10	7-3 (2)		7-6		7-11						
Ava Conroy		6-6			6-10	NH				7-11						
<b>4x100m</b>																
		50.67 Jessica Lose, Ava Michael, Mak Graham, Myca Ingram		51.43 Jessica Lose, Ava Michael, Mak Graham, Myca Ingram	50.9 Jessica Lose, Ava Michael, Mak Graham, Myca Ingram	51.1 Jessica Lose, Ava Michael, Mak Graham, Myca Ingram		50.94 Jessica Lose, Ava Michael, Liana Craig, Myca Ingram		51.39 Jessica Lose, Liana Craig, Mak Graham, Myca Ingram	50.05 Jessica Lose, Ava Michael, Mak Graham, Myca Ingram	50.26 Jessica Lose, Ava Michael, Mak Graham, Myca Ingram	49.18 Jessica Lose, Ava Michael, Mak Graham, Myca Ingram	51.03 Jessica Lose, Gracie Myers, Casie Eifrig, Myca Ingram	49.43 1st Jessica Lose, Ava Michael, Mak Graham, Myca Ingram	49.20 (18) Jessica Lose, Ava Michael, Mak Graham, Myca Ingram
				57.68 Nadalye Garlin, Libby Fortin, Jess Gordon, Lilly Johnson	57.1 Nadalye Garlin, Gracie Myers, Paola Melendez, Rebecca Bonness					54.59 Nadalye Garlin, Gracie Myers, Rebecca Bonness, Casie Eifrig		55.27				
		59.15		57.83 Gracie Myers, Jess Hall, Claire Di Perna, Becky Bonness	58.1 Lilly Johnson, Josie MacZura, Claire Di Perna, Libby Fortin					57.84 Lilly Johnson, Jessica Gordon, Claire Di Perna, Jess Hall						
		60.06										60.40				
												60.70				
												63.43				
<b>4x400m</b>																
		4:14.73 Esther Seeland 60.9, Elly Haushalter 64.0, Ava Michael 63.3, Casie Eifrig 66.1		4:48.25 Maryanne Knappenberger 72.4, Mihret Strauss 70.8, Karsyn Kane 69.8, Maddie Adams 74.9	4:33.9 Rachael Spencer 67.1, Karsyn Kane 67.3, Jordan Terrizs 71.9, Maryanne Knappenberger 67.7	4:14.7 Rachael Spencer 67.1, Casie Eifrig 63.7, Elly Haushalter 64.9, Esther Seeland 58.9				4:24.42 Elly Haushalter 65.5, Maryanne Knappenberger 67.1, Kileigh Kane 64.1, Lizzie Gilpatrick 67.3	4:15.45 Casie Eifrig 61.3, Rachael Spencer 62.4, Julia Neely 65.7, Liana Craig 66.6	4:33.83 Rachael Spencer, Maryanne Knappenberger, Clara Plutzer, Maddie Adams	4:14.65 Rachael Spencer 64.7, Elly Haushalter 61.0, Karsyn Kane 66.7, Casie Eifrig 62.0	4:16.25 Casie Eifrig 62.7, Karsyn Kane 63.0, Tori Steward 67.7, Rachael Spencer 61.7		
		5:01.11 Maryanne Knappenberger 69.5, Priya Mitra 75.3, Maggie Leahey 82.3, McKenzie Workman 75.1		5:04.95 Joella Asbury 75.7, Anna Curtis 80.3, Liana Craig 70.8, Masha Staub 81.0						4:50.14 Emma Simon 69.3, Anna Kwasnica 75.6, Clara Plutzer 67.7, Megan Petrine 77.3		4:57.36 Priya Mitra 73.2, Lauren Di Perna 76.5, Jessica Gordon 70.1, Megan Petrine 77.2				

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								4:58.54 Lizzie Curtin 78, Jess Gordon 78, Lauren Di Perna 76, Maddie Adams						
4x800m														
		10:33.07 Emma Simon 2:33.1, Emma Maras 2:35.6, Julia Nelly 2:36.4, Karsyn Kane 2:47.9		10:24.15 Emma Simon 2:33.1, Lizzie Gilpatrick 2:34.4, Julia Neely 2:44.3, Emma Maras 2:32.2	10:03.5 Elly Haushalter 2:28.2, Emma Maras 2:30.9, Emma Simon 2:31.4, Lizzie Gilpatrick 2:33.4	2:23.9 Emma Maras 2:38.3, Lizzie Gilpatrick 2:32.7, Elly Haushalter 2:27.8, Kaleigh Kane 2:23.9	10:13.88 Emma Maras 2:30.0, Lizzie Gilpatrick 2:31.1, Jordan Reed 2:39.0, Karsyn Kane 2:33.3	10:57.43 Karsyn Kane 2:40.5, Julia Neely 2:50.0, Jordan Reed 2:46.9, Molly Solo 2:40.0	9:22.49 Kaleigh Kane 2:20.56, Elly Haushalter 2:20.98, Emma Simon 2:27.35, Esther Seeland 2:13.61	10:24.03 Julia Neely 2:39.7, Lizzie Gilpatrick 2:33.4, Molly Solo 2:34.3, Jordan Reed 2:36.5	10:16.25 Lizzie Gilpatrick 2:32.0, Karsyn Kane 2:34.3, Jordan Reed 2:35.6, Molly Solo 2:34.0	10:08.69 Lizzie Gilpatrick 2:25.8, Karsyn Kane 2:32.4, Cailin Saylor 2:35.7, Molly Solo 2:34.3	10:09.90 Emma Simon 2:30.2, Kaleigh Kane 2:28.4, Elly Haushalter 2:38.4, Esther Seeland 2:32.7	Trial: 9:24.30 Elly Haushalter 2:21.3, Kaleigh Kane 2:18.5, Emma Simon 2:27.0, Esther Seeland 2:17.5
				13:54.26 Anna Kwasnica2:48.2, McKenzie Workman 3:01.8, Maggie Leahy 3:14.0, Ari Gieros 4:49.1		14:27.6 Priya Mitra 3:07.1, Lauren Di Perna 3:07.2, Maggie Leahy 2:59.9, Ari Gieros 4:53.6			<b>Championships of America 9:18.37</b> Kaleigh Kane 2:18.31, Elly Haushalter 2:21.67, Emma Simon 2:27.41, Esther Seeland 2:11.00					9:17.03 3rd Elly Haushalter 2:21.9, Kaleigh Kane 2:16.9, Emma Maras 2:28.9, Esther Seeland 2:08.6