



STATE HIGH SPORTS MEDICINE

Dear Parents, Guardians, Athletes, and Coaches,

Below you will find information regarding baseline concussion testing for the upcoming winter season (2021-2022). Please be sure to thoroughly read all the information provided as concussion testing is dependent on grade level, participation in a fall sport, etc. If you have any questions or concerns, please feel free to contact me directly!

Thank you,

McKenzie Truitt MS, LAT, ATC

Certified Athletic Trainer

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BASELINE CONCUSSION TESTING - WINTER 2021-2022

Winter sports begin on Friday, November 19th

Baseline concussion testing is required to be eligible for the first day of winter sports practice. Prospective student-athletes, who have not completed baseline concussion testing for the current academic year, will not be eligible to participate on the first day of winter sports practice.

** Students who are new to SCASD, and wish to participate in a sport listed below, **MUST** complete testing regardless of grade level!

Student-athletes in 7th through 12th grade are **REQUIRED** to complete baseline concussion testing for the following sports unless:

- You completed a baseline test this summer/fall for a fall sport •
You completed a baseline test during the 2020-2021 school year

- **Boys Basketball:** Park Forest, Mount Nittany, 9th Grade, JV/Varsity
- **Girls Basketball:** Park Forest, Mount Nittany, 9th Grade, JV/Varsity
- **Wrestling:** Jr. High, JV/Varsity
- **Diving**
- **Indoor Track: Pole Vault Only**
- **Cheerleading:** Middle School, 9th grade, JV/Varsity

DATES: 10/27, 10/28, 11/2, 11/3, 11/4

TIMES: For all testing dates is **4:00-6:00 pm** (No Appointment Necessary) *****Please allow 30 – 45 minutes for testing!*****

LOCATION: High School Cafeteria (South Building)

****Enter through the Main Entrance behind the High School**

CONTACT: McKenzie Truitt - mjt22@scasd.org if you have any questions