

1. Stufe

How do you stay fit?

to live healthy _____ (regular)

to eat and drink properly _____ (regular)

to do a lot for your health _____ (regular)

to eat right _____ (irregular)

to eat =

ich		wir	
du		ihr	
er/sie/es		sie/Sie	

to get enough sleep _____ (irregular)

to sleep =

ich		wir	
du		ihr	
er/sie/es		sie/Sie	

to exercise _____ (regular)

to not drink alcohol _____ (regular)

to avoid the sun _____ (regular,

connecting “e“)

to not smoke _____ (regular)

to eat a lot of fruit _____ (irregular, see

above)

to jog every morning _____ (regular)

to bike _____ (irregular)

to travel (by vehicle) =

ich		wir	
du		ihr	
er/sie/es		sie/Sie	

It's great that...

I think it's great that...

I'm glad that... (x2)

It's too bad that... _____

I don't think it's good that...

at school _____ in class

in the clique _____ in this town

on the soccer team

to feel = _____ (regular, reflexive)

ich		wir	
du		ihr	
er/sie/es		sie/Sie	

very well _____ not well

wonderful _____ not very

well _____

really great _____ not at all

well _____

rather well _____

REFLEXIVE PRONOMEN:

ich		wir	
du		ihr	
er		sie	
sie		Sie	
es			

2. Stufe

I have a question.

Tell me...

Do you really eat...?

How about...?

May I ask you

something? _____

Yes, of course! _____

Certainly! _____

Yes, I do! _____ (in protest)

That may be, but... _____

That's true, but... _____

Well, yes, but... _____

seldom _____ most of the time

usually _____ normally

little _____

3. Stufe

cauliflower _____

broccoli _____

mushroom (s) _____

rice _____

meal (s) _____

carrot (s) _____

cherry (-ies) _____

apricot (s) _____

strawberry (-ies) _____

blueberry (-ies) _____

trout _____

beef _____

chicken _____

has too much fat _____

has too many calories _____

is fattening _____

It doesn't taste good to me. _____

to be allergic to _____

is not good for your health _____

is unhealthy _____

may/to be allowed to = _____ (modal)

ich		wir	
du		ihr	
er/sie/es		sie/Sie	