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Lastly, competition as teenagers teaches people how to deal with pressure later in life. As teenagers get older, competition slowly grows but they easily adjust to the pressure. For example, a student who competes fiercely to be class president won't be overwhelmed when they are forced to compete to get a job as an adult. However, a student who never had any pressure from competition will not know how to deal when they are older. Therefore, competition helps prepare teens for pressure they will certainly experience as adults.