

Your next challenge is waiting for you.

SHARECARE CHALLENGES ARE NOW AVAILABLE.



Join a Sharecare Challenge and make reaching your health goals a bit more fun. Enjoy friendly competition and even help lower your RealAge[®]. Plus, it's available at no additional cost.

Joining is easy.

- 1 Register at mycare.sharecare.com.
- 2 Enter your information as it appears on your Highmark member ID card.
- 3 Click the shield icon to find a challenge that fits your wellness journey.
- 4 Stay motivated by checking the leaderboard and timeline reminders.

Already registered? Log in online or on the app to start a challenge.

A little something for everyone.

Sharecare offers a variety of challenges, covering several categories:

Diet & Nutrition | Relationships | Sleep | Steps | Stress

Make your pick and be well on your way to a healthier you.

Many challenges are seasonal or only last for a set period of time.

Check in often to see what's new.

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Sharecare is a registered trademark of Sharecare, LLC., an independent and separate company that provides a consumer care engagement platform for Highmark members. Sharecare is solely responsible for its programs and services, which are not a substitute for professional medical advice, diagnosis or treatment. Sharecare does not endorse any specific product service or treatment. Health care plans and the benefits thereunder are subject to the terms of the applicable benefit agreement

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。

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