

Psychological/Counseling Contact Information

A Mindful Village

3941 S. Atherton St. - Suite C
State College, PA 16801
(814) 954-1544

www.AMindfulVillage.com

Peter Montminy, Ph.D.

peter@amindfulvillage.com

(ADHD, self-regulation/mindfulness, parent-child interaction, child and parent classes and individual/family therapy)

Beck Psychotherapy, LLC

(814)409-7744

<http://beckpsychotherapy.com/index.html>

Calder Way Counseling

204 E. Calder Way, Suite 301
State College, PA 16801
(814) 867-4800

Marian Goldstine, LCSW

(adolescents and adults – depression, anxiety, PTSD, relationship issues)

CDB Therapy

925 W College Ave
State College, PA
(814) 380-4697

<https://www.cdbtherapy.com/>

Cody Bair, LCSW (children, adolescents and young adults - divorce reaction, anxiety, depression, anger, trauma, gender identity and sexual orientation)

Mount Nittany Physician Group

Dr. Shannon Manley
Pediatric Psychologist
<https://mountnittany.org/provider/shannon-manley-phd>
(814) 466-7921

Centre Psychology Group

(www.centropsychology.com)

1993 Cato Avenue
State College, PA 16803
(814) 231-8820

Khytam Dawood, Ph.D.

(childhood gender identity, adolescent eating disorders, anxiety, depression)

Nancy Van Saun, LCSW

(PTSD, child/adult trauma, parent-child issues)

Expressions Counseling Services

(814)342-2300

<https://expressionscounselingservices.com>

The Individual & Family CHOICES Program

(www.ifcprogram.com)

2214 North Atherton Street
State College, PA 16801
(814) 237-0567

Lois Ehrmann (individual, family)

Jessie Westrick Starks MA, LPC, NCC (individual, family, expressive arts therapy)

Chelsea Moroski, MSW, LSW (LGBTQ, Trauma Informed)

Kove Counseling

Jenna Mueller, LPC

www.kovecounseling.com

412-689-5804

A Journey to You

<https://ajourneytoyou.com/>

(814) 325-0280

State College & Bellefonte

(Neurofeedback, Mindfulness)

Joyful Growth Counseling Services

<http://joyfulgrowthcounseling.com/>

Elyse Robinson, LPC, RPT

1315 S. Allen St., Unit 107

State College, PA 16801

(814) 470-2127

McGinnis Counseling & Consulting

<http://statecollegeneurotherapy.com/>

(814) 862-9969

(adolescents, trauma, attachment issues, parenting, anxiety, depression)

Nadermann Counseling

Andrew Nadermann

814-689-9466

111 Sowers St., Suite 514

State College, PA 16801

Perspectives:

Melissa Deines, Ph.D.

1119 Smithfield Circle

State College, PA 16801

(814) 238-2727

Maddie Gill, MED. LPC

119 South Burrowes St, #703

State College, PA 16801

(814) 861-7133

Susanne Groenendaal, LCSW

301 South Allen Street, #103B

State College, PA 16801

(814) 234-0107

The Highlands

229 W. Foster Ave.
State College, PA 16801
(814) 238-1880

Alycia Chambers, Ph.D. (x802)

(adolescents/families/adults; anxiety, depression, mood disorders, PTSD/trauma recovery, LGBT/sexual orientation issues, cross-cultural/diversity issues)

Pam McCloskey (abuse, PTSD)

205 Mill Street
Milesburg, PA 16853
(814)357-2400

Penn State University

Anxiety-Phobia Treatment Services

(814) 867-7100

Psychological Clinic

(814) 865-2191

Herr Clinic (<https://ed.psu.edu/epcse/cedar-clinic/cedar-clinic>)

(814)867-4856

Contact: Dr. Christy Beck

Friendship Program

Dr. Janet Welsh, (814) 865-3691

Room to Grow

1315 S. Allen St., Suite 102
State College, PA 16801
(814)308-9067

Jennifer Johnson, LCSW

(play therapist, trauma)

Scenery Park Psychology Group

110 Regent Court, Suite 103
State College, PA 16801
(814)237-0551

Rebecca Agnew, LCSW (anxiety, grief, life transitions, divorce, etc.)

Michael Cawley III, Ph.D.

Jack Raykovitz, Ph.D.

Marolyn Morford, Ph.D.

Rhonda Stern, LPC (art therapy)

700 East Beaver Avenue, Suite 2
State College, PA 16801
(814) 861-4577

Sunpointe Health

(www.sunpointehealth.com)

320 Rolling Ridge Dr.#100
State College, PA 16801
(814) 867-0670

Multiple Therapists – see web site for complete listing of therapists and areas of specialty

Forward Path Counseling
(formerly Centre Marriage & Relational Therapy)

315 S. Allen St. Suite 326
State College, PA 16801
814-531-5659

www.centremarriage.com

Kelly Chismar, LPC (children, play therapy, trauma, parenting)

Laura Dionne, LSW (adolescents, trauma, LGBTQ)

Erica Metzler, LPC (addictions, self-harm, eating disorders)

Lena Holderman (adolescents, adoption)

State College Psychological Services

1315 S. Allen Street
State College, PA 16801

www.statecollegepsychologicalservices.com

Services primarily for older adolescents (age 14+)

Cathy Taylor, Psy.D.

270 Walker Dr., Suite 310e,
State College, PA 16801
(814) 404-2999

(ADHD, anxiety, depression, adjustment, behavioral/emotional – play therapy, CBT, parent training)

Psychiatrists/Psychiatric Nurses/PAs

CenClear

Variety of offices, including Bellefonte & Port Matilda

Services include: evaluation, diagnosis, medication recommendations & monitoring

Contact: JoAnn Seltzer jseltzer@cenclear.org

(814) 342-5678 ext. 2596

Sunpointe Health

(www.sunpointehealth.com)

320 Rolling Ridge Dr.#100
State College, PA 16801
(814) 867-0670

Dr. Candace Good, MD, Dr. Craig Feaster, MD

Dr. Brian Rockower, MD, Ruth Yoder, CRNP

Center for Child & Adult Development

(www.ccad-pa.com)

1315 West College Avenue
State College, PA
(814)861-3300

Dr. John Boswell, MD

Guiding Light Health

(www.guidinglighthealth.com)

1315 S. Allen Street, #104
State College, PA 16801
(814) 753-4422

Dr. Dimitry Vilensky, MD

Oasis Lifecare
(www.oasislifecarellc.com)
1526 Martin St.
State College, PA 16803
(814) 237-0001
Erin Crown, PA-C

This is a list of possible mental health services in our area for children and adolescents. While the school district cannot recommend specific outside services, we can share contact information with you so that you can follow up on service options if you so choose at your own cost.

Other Helpful Numbers:

Centre County Crisis Intervention Services:
Center for Community Resources
Call CAN HELP (crisis number): 1-800-643-5432
Text: #63288
Chat: ccrinfo.org
Website: ccrinfo.org
Walk-In Center: 2100 E. College Ave Suite A
State College, PA 16801

Suicide Prevention Lifeline: 1-800-273-8255