



STATE ATHLETICS

Our Department

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POSITIVE PERFORMANCE PATHWAY

Know and Do the Right Thing

Do it with Relentless Effort

Do it with Compassion and Care for Others

| Fall Sports | Winter Sports | Spring Sports |
|--|--|--|
| <ul style="list-style-type: none"> ○ Cheerleading - JV/Var ○ Cross Country, Boys ○ Cross Country, Girls ○ Field Hockey - JV/Var ○ Football - JV/Var ○ Football, Gr. 9 ○ Football, MS ○ Golf - Boys' & Girls' ○ Soccer - MNMS Boys' & Girls' ○ Soccer - PFMS Boys' & Girls' ○ Soccer, Boys - JV/Var ○ Soccer, Girls - JV/Var ○ Tennis, Girls ○ Volleyball, Girls - JV/Var | <ul style="list-style-type: none"> ○ Basketball, Boys' - Gr. 9 ○ Basketball, Boys' - JV/Var ○ Basketball, Boys' - MNMS ○ Basketball, Boys' - PFMS ○ Basketball, Girls' - Gr. 9 ○ Basketball, Girls' - JV/Var ○ Basketball, Girls' - MNMS ○ Basketball, Girls' - PFMS ○ Competitive Cheer - HS ○ Competitive Cheer - MS ○ Indoor Track, Boys' ○ Indoor Track, Girls' ○ Swimming/Diving - HS ○ Wrestling - JV/Var ○ Wrestling, Jr. High | <ul style="list-style-type: none"> ○ Baseball - JV/Var ○ Field Hockey, M.S. ○ Lacrosse, Boys - JV/Var ○ Lacrosse, Girls - JV/Var ○ Softball - JV/Var ○ Softball, Mt. Nittany ○ Softball, Park Forest ○ Tennis, Boys ○ Track and Field, M.S., Coed ○ Track, Boys ○ Track, Girls ○ Volleyball, Boys - JV/Var |

State College Athletics

FAQ's

- Important Dates: general guidance
 - Fall Physicals Due - end of July
 - Fall Practices Start - early August
 - Winter Physicals Due - early November
 - Winter Practice Start - mid November
 - Spring Physicals Due - end of February
 - Spring Practices Start - early March

- PIAA Physical Information
 - All athletes must register on FamilyID prior to participating.
 - Please [see this link for more information and directions](#).
 - Physicals must take place on or after June 1 prior to the upcoming season
 - Please see our website for information (<https://www.scasd.org/Page/3842>)
- Fall sports seasons:
 - starts early August and runs through the mid/end of November (sometime longer depending on playoffs)
- Winter sports seasons:
 - starts mid November and runs through the end of February (sometime longer depending on playoffs)
- Spring sports seasons:
 - starts early March and runs through the end of May (sometime longer depending on playoffs)
- We have 15 Fall, 15 Winter, and 11 Spring programs (41 total programs)

| | Female | Male | Totals |
|---------------|---------------|---------------|--------------|
| Fall | 406 | 395 | 801 |
| Winter | 249 | 288 | 537 |
| Spring | 312 | 338 | 650 |
| Totals | 967 | 1021 | 1988 |
| % | 48.64% | 51.36% | 59.4% |