



SCASD Sports Medicine

Winter 2022-23 Concussion Testing Dates & Times

Testing will be held on **Tuesdays & Thursdays** from 4-5:30pm and Wednesday's from **5-6:30pm** in the State College High School Cafeteria.

Dates:	Tue	Wed	Thur
Week 1:	11/1	11/2	11/3
Week 2:	11/8	11/9	11/10
Week 3:	11/15	11/16	11/17

2022-23 Winter Concussion Testing General Information

Baseline concussion testing is **required** for your athlete to be eligible for the first day of winter sports practices and tryouts. Prospective student-athletes who have **NOT** yet completed baseline concussion testing for the current academic year, will **NOT** be eligible to participate on the first day of official winter season practices (Nov. 18th).

Eligibility

- Students who are new to SCASD, and wish to participate in the sports listed below, **must** complete testing regardless of grade level (and did not receive testing in the previous fall sports season with the school district).
- Student athletes who sustained a concussion during the 2021-22 athletic year **must** complete a new baseline regardless of grade level (unless completed during the 2022 fall athletic season).
- Student athletes in **7th, 9th** and **11th** grade are **required** to complete baseline concussion testing for the following winter sports **unless**:
 - Student completed a baseline test during the 2021-22 school year as an 8th or 10th grader
OR
 - Completed a test during the 2022 fall athletic season

These winter sports include:

- **Basketball:** Varsity, Junior Varsity, 9th Grade, Park Forest & Mount Nittany MS
- **Wrestling:** Varsity, Junior High
- **Indoor Track & Field:** Varsity Pole Vaulters Only
- **Swim & Dive:** Divers Only

Please **contact** athletic trainers for questions or concerns regarding winter 2022-23 concussion testing **Ryan Knight** rxk24@scasd.org, **Lauren Damiano** lxd33@scasd, or **Maeve McFeely** mlm42@scasd.org

*Student athletes participating in club rugby or ice hockey can access baseline concussion testing. For all other athletic training, maintenance, injury related questions or needs, club sport student athletes should consult their family physician.