



State High Sports Medicine

Dear Parents, Guardians, Athletes, and Coaches,

Below you will find information regarding baseline concussion testing for the upcoming 2022 Fall Season. Please be sure to thoroughly read all the information provided as concussion testing is dependent on grade level, participation in a prior sport, etc. If you have any questions or concerns, please feel free to contact Ryan Knight rxk24@scasd.

Thank you,

SCASD Athletic Training Staff



State High Sports Medicine

BASELINE CONCUSSION TESTING – Fall 2022

First official day of practice begins 8/15/22

Baseline concussion testing is required for your athlete to be eligible for the first day of fall sports practice. Prospective student-athletes, who have not completed baseline concussion testing for the current academic year, will not be eligible to participate on the first day of fall sports practice.

* Students who are new to SCASD, and wish to participate in a sport listed below, must complete testing regardless of grade.

*Student-athletes who sustained a concussion during the 2021-2022 athletic year must complete a new baseline test regardless of grade.

*Student-athletes in 7th, 9th, and 11th grade are required to complete baseline concussion testing for the following fall sports unless:

- You completed a baseline test during the 2021-2022 school year as an 8th or 10th grader
 - o i.e. baseline testing is completed every other year, ideally as a 7th, 9th, and 11th grade student-athlete.

- **Football:** Park Forest, Mount Nittany, 9th Grade, JV/Varsity
- **Girls and Boys Soccer:** Park Forest MS, Mount Nittany MS, JV/Varsity
- **Field Hockey:** JV/Varsity
- **Girls Volleyball:** Park Forest MS, Mount Nittany MS, JV/Varsity
- **Cheerleading:** Middle School, JV/Varsity

*Student-athletes participating in club rugby or club ice hockey can access baseline concussion testing. For all other training, maintenance, or injury related questions or needs, club sport student-athletes should consult their family physician.

See dates and times below

TO: Student-Athletes, Parents, & Coaches

DATES: Tuesdays and Thursdays: 6/28, 6/30, 7/5, 7/7, 7/12, 7/14, 7/19, 7/21, 7/26, & 7/28

Wednesdays: 6/29, 7/6, 7/13, 7/20, & 7/27

Calendar pictured below for reference

TIMES: Tuesdays and Thursdays 4:00-5:45pm and Wednesdays 9:00-10:45am
(No Appointment Necessary)

*****Please allow 30 – 45 minutes for testing!*****

LOCATION: State College Area High School Cafeteria

CONTACT: Ryan Knight rxk24@scasd.org if you have any questions

Baseline Concussion Testing Calendar 2022



Tues and Thurs 4:00pm-5:45pm



Wednesdays 9:00am-10:45am

Baseline Concussion Testing will take place in the High School Cafeteria. Please allow 30-45 minutes for testing.

June

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August (no scheduled dates at this time)

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			