

Steps for Virtual Tryout (For the Student-Athlete)

1. Email Coach Webb (rdw15@scasd.org) and cc both Coach May (acm33@scasd.org), and Coach Stauffer (krs34@scasd.org) **before Monday, May 11th** if you are interested in trying out. **Please copy and paste the following format into your email:**

Hello! I'm interested in trying out for high school cheerleading for the 2020-2021 season.

| Student Name: | Grade in 2020-2021: | Student Number | Email | Phone Number |
|---------------|---------------------|----------------|-------|--------------|
| | | | | |

| Parent/ Guardian Name | Email | Phone Number | Parent/ Guardian Name | Email |
|-----------------------|-------|--------------|-----------------------|-------|
| | | | | |

2. Please plan to attend the **Informational Meeting via zoom on Monday, May 11th from 6:00 - 7:00 pm**. Click on this [link](#) to join! If you have a conflict and cannot attend this meeting, please let all three coaches know so that we are able to email you all information.
3. Tryout material and directions will be given live on **Monday, May 18th at 4:00 pm via zoom**. Athletes should click on this [link](#) to join! Coaches will teach a cheer, dance, and go over the tryout rubric at this time. This video will be recorded and uploaded to our cheerleading website later that evening for review or for anyone who was unable to attend the live clinic.
4. All tryout video submissions are due by **Tuesday, May 26th at 4:00 pm**. **One** video should be emailed to Videos should be emailed to Coach Webb (rdw15@scasd.org) and cc both Coach May (acm33@scasd.org), and Coach Stauffer (krs34@scasd.org) and should include:
 - Introduction (name, grade in 2020-2021)
 - Yourself performing the cheer
 - Yourself performing the dance (music can be found [here](#))
 - Yourself performing a toe touch jump
 - Yourself performing a connected jump
 - Yourself performing standing tumbling skills
 - Yourself performing running tumbling skills

★ We recognize that there is a safety hazard in performing certain tumbling skills outside of a gym. Please feel free to incorporate a video of yourself performing a skill that you still retain from earlier this year in place of filming at home. If you do not have a video of a skill you would like to show, and you do not feel safe performing it at home, please contact the coaches